



October 2022

**MSJ DPT STUDENT RUN PRO BONO
PHYSICAL THERAPY CLINIC**

Dr. Karen Holtgreffe



Run by our own students, the MSJ Physical Therapy clinic offers free services to improve the lives of our Westside community. Our primary goal is to serve community members whose insurance benefits lack sufficient coverage or those without the financial resources to cover copayments.

The clinic will run year-round in 10-week blocks in fall, spring and summer semesters. On October 15th we will be halfway through our first block. As expected when you start a new endeavor, we had a few bumps along the way, but the student board is slowly figuring out their roles and are becoming more and more involved in all aspects of running the clinic. Our patients are very happy with the care the students are providing and the students are really enjoying engaging directly with patients as they learn.

The students are making plans for the spring session and we will need your help. We need licensed physical therapists to volunteer their time in overseeing the clinic with the students. You can earn up to 6 CEU's per license renewal for providing pro bono PT services. If you are interested in helping out, please click [HERE](#) and scroll down to the volunteer button.

TRAINING AT THE NEW APTA HEADQUARTERS

Dr. Erin Hofmeyer



This summer I had the opportunity to complete training to become an APTA Certified Level 2 Credentialed Clinical Instructor Program trainer. Training took place in the newly constructed APTA Headquarters located in Alexandria, Virginia. Take a look at a few of the photos below to catch a glimpse of this beautiful space.



While the space was beautiful, plenty of hard work was completed by the 18

instructors selected from across the nation. If you have an interest in either a Level 1 or a Level 2 course, please note the following opportunities:



- **Level 1 Course:** Saturday, January 14th and Sunday, January 15th held virtually via Zoom; sponsored by Mount St. Joseph University and taught by Erin Hofmeyer (*Limit of 12 registrants*)
- **Level 2 Course:** Saturday, January 28th and Sunday, January 28th at the Mercy Fairfield Healthplex; sponsored by Mount St. Joseph University and co-taught by Erin Hofmeyer, Carolyn Shisler, and Deb Belcher

If interested in either course, please email physical.therapy@msj.edu for more details to be sent to you about course content, cost, and registration.

SPTA



New board members (from left to right) consisting of Cole Clark (Vice President), Kat Nix (Treasurer), Avrey Skillern (Secretary), Stephanie Peter (Activities Coordinator), Jenna Swartzentruber (Membership Coordinator), and Chase Menchofer (President).

A new school year brings a new SPTA board doing great work for the students, the community, and the profession.

Fundraiser

Flooding in late July affected countless families in eastern Kentucky. Our extended OH-KY PT family got the word out at what was needed to help support and assist in the efforts to get people safe housing, food and shelter. A fundraiser with MSJ students and faculty raised \$500 to send to the University's of Kentucky's department of PT faculty and staff, so they could get needed items to help those in need.

Golf Outing

You may also remember the fabulous golf outing that the SPTA hosts every year. The outing is their largest event and funds donations to community organizations, attendance at professional conferences and events, and for social events to bring the students together. The Golf Outing is FINALLY returning after COVID stopped it for a few year. **PLEASE SAVE THE DATE**

FOR THE 2023 GOLF OUTING: April 15th, 2023. Watch for more information on how to be involved as a golfer or donator to this great event.

HEALTHCARE POLICY EVENT

Dr. Erin Hofmeyer



This July, the Doctor of Physical Therapy and Magellan-MSN students were afforded a great experience in their last class session of Healthcare Policy (PT 753 and NUR 640 respectively) taught by Drs. Erin Hofmeyer and Janet Wray, RN, Ph.D. Students of the course were able to directly interact with state legislators as future healthcare providers and consumers. Ohio State Representative Cindy Abrams and State Senator Louis Blessing III provided insights on the legislative and political process for students. The two legislators provided insights on the best possible advocacy measures for these future health professionals. The students were able to ask questions of the two legislators who provide insightful commentary on current issues impacting not only health care but socioeconomic factors as well.

This event was a valuable educational experience for students in both the nursing and physical therapy professions. Students from the DPT Class of 2023 entered the clinical environment this past summer. Having an opportunity to study and discuss professional advocacy and issues from state legislators allows for our students to actively engage in this process as both a consumer and providers of healthcare. Further, our students heard directly from these legislators about best practices for self, patient, and professional advocacy through various contact mechanisms. Several critical health and societal state laws were discussed including mental health care, professional licensure compact, portability acts, and affordable housing. Having a forum to explore and discuss these issues, with these respected state-level lawmakers, allowed our students to have an active connection to health policy. The event succeeded in providing an active application of various concepts explored throughout the Healthcare Policy course this summer.

The Mount's President H. J. Williams, Dr. Darla Vale, Dean of Health Sciences, and other members of the Health Sciences leadership team attended and supported students and faculty in this culminating event. Our programs are excited for future partnership opportunities with both Representative Abrams and Senator Blessing and other legislators to enhance student learning outcomes.

ALUMNI SPOTLIGHT



Dr. Kyle Vollmer, PT, DPTE, SCCE, 2014
Staff Physical Therapist
Site Coordinator for Clinical Education
Titleist Performance Institute Certified
Premier Physical Therapy Services

Kyle is one of the senior therapists at Premier and has been at the clinic since his graduation from the Mount in 2014. He specializes in amputee treatment as well as various orthopedic and neurological treatments. He loves to be hands on with patients performing various manual therapy skills and also loves the ratio of patients at Premier because it really allows him to get to know them and spend the entire time with them. Kyle has served as the SCCE for Premier as well as Clinical Instructor for many MSJ students.

In Kyle's words:

"I attended MSJ for undergrad (music major of all things!) and graduated in 2011 and DPT class of 2014. I love MSJ because of the intimate feel it provides. I truly enjoy relationships with people and MSJ fosters those relationships professionally and personally. I have many colleagues and friends that I have developed relationship with because of MSJ and the caring nature of all of the staff and everyone involved is directly responsible for that. I try to give back to MSJ as much as possible because it provided me with so much growth professionally and personally. I adjunct occasionally, co-teach the

Amputee/Prosthetic portion of Special Topics, and am a member of the MSJ Alumni Board as well as MSJ External Advisory board. I also regularly help with new applicant interviews for the PT program. I love golf and I am Titleist Performance Institute certified Level 1 and working on Medical Level 2 certification. This training helps me to evaluate functional movements and improving efficiency specific to golf.

Kyle has been married to his wife for 9 years—met and began dating in high school. They have two children, Jack and Lucy. They love being outdoors doing things and have 3 dogs, all labradoodles.



VOLUNTEERS NEEDED

Standardized Patient Volunteers Needed for Acute Care Lab

Dr. Karen Holtgreffe utilizes standardized patients for high fidelity simulations in the acute care course. This has been a game changer for students in their preparation for the inpatient environment. She needs volunteers for the following dates and times:

- Monday, Oct 17th from 12:45-3:00pm
- Thursday, Oct 20th from 12:45-3:45
- Monday, Nov 28th from 12:45-3:00
- Thursday, Dec 1st from 12:45-3:00

If you are able to participate or have questions, please email me at karen.holtgreffe@msj.edu. Please forward and solicit your colleagues about helping (PTA, OT, OTA, etc) as well. THANK YOU!!

UPCOMING CEU COURSE

A CASE BASED APPROACH TO THE USE OF ELECTRICAL

MODALITIES IN THE MANAGEMENT

OF PATIENTS WITH MUSCULOSKELETAL CONDITIONS

OCTOBER 27TH 6:00 TO 8:30 PM

Presented by Dr. Marsha Eifert-Mangine
and Dr. Thomas Long

The Mount PT Alumni Board is Hosting a FREE Continuing Education Course for Alums!

Dr. Marsha Eifert-Mangine and Dr. Tom Long will be presenting 'A Case-Based Approach to the Use of Electrical Modalities in the Management of Patients with Musculoskeletal Conditions' on October 27, 2022 from 6-8:30pm. The course (pending OH approval for 2.5 CEUs) will use case presentations to address current evidence based application of electrical stimulation modalities for the clinical management of patients with musculoskeletal conditions (MSK). Specifically the course will review indications for use, physiologic responses to, application techniques and expected outcomes related to the use of electrical stimulation currents incorporated into the plan of care for patients with MSK conditions.

To register, please fill out the google form linked here - <https://forms.gle/iLhuHFpYaanMMSkT8> - or email physical.therapy@msj.edu with your name, email address, graduation year and PT license number.



MOUNT ST. JOSEPH
UNIVERSITY®
Physical Therapy
Program

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