



MOUNT ST. JOSEPH  
UNIVERSITY

## Concerned About a Student?

Signs of Distress: excessive absences | plummeting academic performance  
self-isolation | poor personal hygiene | unable to control emotions or  
behavior | interpersonal dependency | engaging in high risk behavior over-  
exercising | alludes/expresses emotional distress.

### Assess: Is this is an Emergency?

- 1) Is there immediate danger of harm to self or others?
- 2) Is the student behaving in a threatening or violent manner?
- 3) Does the student seem out of touch with reality?
- 4) Does anything else about the situation seem threatening or dangerous?

YES

NO

**Bring student to Campus Police**  
or  
**Call 911**  
(or dial "0" from campus phone)  
or  
**Call 988 (Suicide & Crisis Lifeline)**

**Though not an emergency, is it urgent?**  
Is the student exhibiting unhealthy psychological  
behavior, showing apparent impaired behavior,  
or not acting as usual?

YES

NO

**Refer to Wellness Center**  
Call: 513-244-4949

**Do I have a relationship with  
the student?**

NO

YES

### Consult a Campus Resource:

Wellness Center	
Front Desk	513-244-4949
Residence Life (Is the student a Resident?)	513-244-4465
Dean of Students (Care Committee)	513-244-4466
Campus Police	513-244-4226
Anonymous Reporting	513-244-TIPS (8472)
Title IX Coordinator	513-244-4393
Associate Provost for Academic Support	513-244-4630

### Speak Directly with the Student

- 1) Schedule a 1-1 meeting.
- 2) Let someone else in your department know of the meeting so they can be available if necessary.
- 3) Tell student what you've noticed about their behavior that has caused your concern.
- 4) Ask open-ended questions; avoid "Why" questions.
- 5) Listen to student's response.
- 6) Deal directly with issues without judgment.
- 7) Restate what you have heard.
- 8) Make a referral.